



# VSCC Young Adult Cyclist Information and Parental Consent Form

This form is to enable a parent/guardian of a cyclist aged 16 or 17 to give their permission for their child to take part in VSCC organised rides. This is in support of the transition from child to adult (aged 18) and aims to strike the balance between appropriate safeguarding and greater independence. Ultimately the protection of both the child and the club is our objective.

## 1 Young Adult (aged 16-17 years) Cyclist Details

First name:		Surname:			
Gender:		Date of birth:		Age:	
Address:					
		Postcode:			

## 2 Emergency Contact Details

First name:		Surname:			
Relationship to young adult cyclist:		Home tel:			
Work tel:		Mobile:			
Email:					

## 3 Medical Information

Please give details of any medical or health conditions that might affect the young-adult cyclist's participation in cycling and any support/actions/medication required.
Please list any medications they take.

Please note that Ride Leaders are not responsible for administering medication.

If you have any concerns about your child participating in any form of physical activity, please consult your GP before giving permission for your child to take part.



Previous Valley Striders Ride Participation

Ride 1 date:		Group leader's name:	
Any incidents involving the young adult on this ride?			
Did the ride leader state they were comfortable with the young adult cyclist's participation?			

Ride 2 date:		Group leader's name:	
Any incidents involving the young adult on this ride?			
Did the ride leader state they were comfortable with the young adult cyclist's participation?			

Other relevant road cycling experience:	
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#### 4 Consent for Participation in Cycling Activities

##### Parental/guardian declaration

My child is in good health and I consider him/her capable of taking part in activities at Valley Striders Cycling Club. I have provided all relevant medical information at section 3 above. I consent that in the event of an accident/emergency any necessary treatment may be administered to my child under the guidance of the ride leader. I understand that in all cases the club/Ride Leaders will make every reasonable effort to contact me (and any other person identified at section 2 above), but in the best interests of the young adult cyclist a club representative is hereby authorised to act *In Loco Parentis* in my absence. I understand that while the club/Ride Leaders will take every reasonable precaution to ensure that accidents do not happen, neither the club nor the Ride Leaders can necessarily be held responsible for any loss, damage or injury suffered to my child.

Child's name:			
Parent's/guardian's signature:		Date:	

##### Notes:

- If a young adult cyclist wishes to join an organised ride, the Ride Leader must agree to this and reserves the right to refuse their participation. As a club VSCC is keen to encourage young adult cyclists, however safety is paramount and may require rides to be adult only on occasion.
- Valley Striders cycling rides are aimed at adults and it is a concession, not an automatic right, that young adult cyclists (those aged 16-17) are allowed to join the organised group rides. It is a requirement that the parent/guardian or nominated friend join the young adult cyclist for at least two rides until such a point that both are comfortable with the young adult cyclist's ability to ride safely and appropriately within the group. If the parent/guardian is not able, then they must arrange for an adult to accompany the young adult cyclist until such a point that a VSCC Ride Leader states that the young adult cyclist is able, in their opinion, to join a ride unaccompanied in the future.
- It is part of the Ride Leaders' training to ensure that reasonable steps are taken to establish a safe environment where cyclists can enjoy developing their cycling skills. The parent(s)/guardian(s) are welcome to join any rides, but this is not compulsory once this consent form is signed and accepted.
- Cyclists are expected to arrive at the session and be collected/make their own way home from the ride on time, although there is no formal sign in/sign out and it is therefore the parent(s)/guardian(s) responsibility to ensure the young adult cyclist travels to and from the ride safely.
- Any young adult cyclist who misbehaves or puts others in danger may be refused from future rides and in extreme cases asked to leave the club.
- Currently we do not require our Ride Leaders to undertake Disclosure and Barring Service (DBS) checks (previously CRB) and therefore you must be comfortable for the young adult cyclist to take part in this environment.
- We may take photographs/video footage during our events for general publicity, Facebook posts, etc. If you wish for the young adult cyclist to be excluded from this then please make a note of this on this consent form.
- An appropriate cycling helmet MUST be worn at all times during rides.



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Issued

17/10/2021

JD/HM